



## **School Sports Funding Evaluation 2016-2017 - Key Priorities**

### **Income received-Grant £8000 block and £5 per eligible pupil Total £9575.**

The impact of this year's funding on standards in the PE curriculum, participation of pupils in physical activity, sport and competition and the health outcomes for all pupils. Through the funding we have aimed to increase the number of children opting to take part in sport/ physical activity beyond that of current curriculum provision. In the main children enjoy PE and sport provision at Trimley St Mary and our aim through the funding is to make sure we continue to promote Sport, activity and healthy lifestyles for children and families.

The funding has also enabled a training /expertise audit to be carried out across all teachers and find out what their strengths in PE are and what they need more help in. As a result, opportunities for team-teaching and specialist coaching by outside providers, has significantly improved the quality of learning in areas such as gymnastics, cricket and dance for example.

This on-going CPD and team approach facilitated peer to peer learning which was transferable across Ks1. We have also found that pupils have become far more motivated and enthused to take part in P.E lessons due to the good relationships and co-operative approach that has been modelled by staff and specialist Sports coaches working together. This enhanced participation in taught curriculum sessions has also motivated children and as a result the number of children participating in after school clubs in Ks 1 has increased.

With the assistance of our Premier Sports coach we have used the Golden Mile initiative to collect baseline assessment about the fitness of all children across the school. Physical Activity Ambassadors in Yr6 have undertaken training to promote lead and measure and reward children who are encouraged to be active as a class by skipping, running walking a specific route for one lunchtime per week. By taking on the role of ambassadors Year 6 children have taken on additional responsibility in terms of collecting data achieved by pupils entering their information on to IT systems, and monitoring the activity levels of children, producing certificates to award achievement. In addition this initiative has supported the school to encourage walking cycling to school as part of the Golden Mile reward. Some children have chosen to send in additional 'miles' they have ran, walked or biked outside of school. This has promoted to use of 'Golden Mile passports' to be introduced in the next academic year for children to track the miles they are active for outside of the school day. The passport can then be brought into school and the ambassadors can input this data alongside the miles tracked for each class during their bi-weekly Golden Mile slot.

Participation rates in the Golden Mile did fluctuate from term to term. The most active pupils were those in KS1. The commitment of some Golden Mile ambassadors also fluctuated throughout the year. Those committed ambassadors have been rewarded by leading other active sessions such as Trimley St Mary's first Race for Life event. They will also have the opportunity to train up Year 5 children in the summer term so that these children are ready to take over the ambassador role in September 2017. The Golden Mile Leadership project will continue to be monitored and ambassadors not fulfilling their role will be swapped with children displaying good leadership skills and who are willing to supervise classes in the Golden Mile initiative.

### **Bikeability**

In the Spring Term all children in Yr5 were offered the opportunity to take part in an 8 hour Cycling Course which took place over two weeks. All children who partook passed.

### **Dance**

The funding has been used to provide specialist teaching in dance across the school, linking closely with cross curricular themes and approaches. Eg. Medieval Mayhem. This aspect of dance has been accessed by all children initially with a view to performance as the culmination of a project. The Dance Teacher operates a club after school and runs her own dance school which a number of children from our school now attend.

## Swimming

In 2016-2017 46 pupils (79% of year 6 cohort) met the national curriculum requirement to swim competently, confidently and proficiently over a distance of at least 25 metres. 39 pupils (67%) were able to use a range of strokes effectively and perform safe self-rescue in different water-based situations- Proficiency Swimming award at Gold level.

## Inspire to Compete

Provision for a sports coach to engage with pupils across the school at lunchtime has been funded for the year through the Sports Budget. This provision happens on a daily basis. The coach facilitates training for teams ready for upcoming external events such as tag rugby, hockey and netball and supports the development of sessions that are taking place each term. Furthermore, our sports coach provides a focused activity or game pitched for a specific year group, promoting positive playtimes for each year group once a week. Children are excited to participate and use this provision readily and contribute significantly to the planning and provision. Funds generated by the children themselves have contributed to new playground equipment to help inspire a positive playtime experience for all. The Sports Budget has enabled the designated coach to create tailored opportunities at lunch and play times which directly link to the Felixstowe Pyramid events taking place throughout the year.

## PE curriculum

Previous PE audits found that teachers felt the need for more training or a specialist to deliver some aspects of the PE curriculum. Due to this some of the PE funding has been used to provide a Sports Coach for Year 2 – Year 6 PE Sessions which has enabled improved quality of learning in PE, particularly in areas such as gymnastics, cricket and dance.

Funding has also supported the revision of plans and breadth of P.E. curriculum on offer PE to children in Ks1 and Ks2. Some trial planning has also enabled meaningful links to be established within topic work including the Year 5/6 production of The Lion king where children studied theatrical dance and embodied the movements of specific animals to help create their characters.

To ensure 100% participation in P.E. lessons, the school is equipped with spare kits, shin pads etc, these have also been used in external PE events such as Football/Netball/Hockey tournament. The children were very excited to wear matching kit and it helped promote a competitive and professional attitude from the children.

## Participation of pupils

<u>After School Clubs</u>	<u>2016-2017</u>
Archery Club	8
Football Club	12
Multi-sports Club	6
Gymnastics Club	18
Dance Club	20+
Additional swimming – private lessons	

<u>Lunchtime Clubs</u>	<u>2016-2017</u>
Girls Football	15
Year 5/6 Football	30
Year 3/4 Football	20
Active Lunchtime Coach – promoting sport. Activities vary each week.	20
Sports equipment made available most lunchtimes for self-directed use.	Children can get resources themselves.
Positive Playtimes initiative alternative sporting provision	TA's play zones for specific activities

Options. Playground games, film making.  
Stacking cups , chinks skipping ropes etc.

### **Sports and competition**

Sports funding has enabled the appointment of a named cluster lead to co-ordinate inter school activities, as well as links to other sport clubs and competitions. Following development skills sessions have been funded through the project.

Date	Area of skill development	Year group	Number of children
September 2016 – October 2016	Tag Rugby 7 sessions	3,4,5,6	5
October 2016 – December 2016	Girls Football 5 sessions	3,4,5,6	5
January 2017 – February 2017	Quickstix Hockey 4 sessions	3,4,5,6	8
February 2017 – March 2017	Netball 4 sessions	3,4,5,6	11
May 2017	Mixed Cricket 3 sessions	3,4,5,6	3

Following on from the Hockey sessions which were organized by the Felixstowe pyramid in conjunction with Felixstowe Hockey Club, 4 children decided to join the local club and are now entering their second season as junior players, competing in county and nationwide tournaments.

Using the budget to pay for the cost of travelling to and from sporting competitions allows all children to take part.

Date 2016-2017	Competitive event	Year groups	Number of children
September 27th	Cross Country	Yr 5/6	24
October 13 <sup>th</sup>	Paarlauf	Yr 3,4,5,6	48
November 8th	Tag Rugby	Yr 5/6	6
December	N/A	N/A	N/A
January	N/A	N/A	N/A
February	N/A	N/A	N/A
March 28th	Football and Netball	Yr 4,5,6	24
April	N/A	N/A	N/A
May 24th	Football development	Yr 3/4	Cancelled due to lack of numbers.
June 9th	Cricket	Yr 5/6	9
June 14th	Quad kids	Yr 6	9
July 3rd	Area Sports	Yr 5/6	45

### **Health outcomes for all pupils**

Due to the increased number of children taking in physical activities, and through food technology and the PSHE curriculum, children are more likely to choose healthy options and lifestyles. Pupil's attitude to the use of the school's salad bar continue to be positive, with it being a popular feature of the dining experience. Children enjoy our new sports equipment and the opportunity to participate in the Golden Mile. They regularly comment on the positive experience they are having at break and lunch. Older children are acting as ambassadors and have been teaching younger children traditional playground games. A lunchtime trolley has been restocked with new and exciting equipment such as space

hoppers, target boards, snakes and ladders games and skipping ropes, all of which help to increase children's heart rates. Staff encourage and promote active games and share their examples of sporting success.