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Education & Skills
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**REALISE
FUTURES**
Learning and Development



Family Learning Courses for Parents and Carers

Courses for primary school age group:

Family Learning Workshops

(Book-based, Discovery, Seasonal, Family Learning Festival)

2-4 hour sessions offering an introduction to other courses, for example: Maths and English based sessions using a variety of games, ideas and fun activities.

Family Programmes: (10-30 hours) English and Maths

***Working Together: (30 hours)** with a potential 5 hours 1:1 tutorial time with learners. This course prepares parent helpers to offer effective support in the classroom and gives participants an opportunity to gain a qualification.

*** Step Ahead in English - Support Your Child: (18 or 21 hours).** This course aims to give information about the way English is taught in schools. Parents can explore ways of supporting children's learning and take up the opportunity to work towards a qualification themselves.

* **Step Ahead in Maths -Support Your Child: (18 or 21 hours)** This course aims to give parents information on the way maths and problem solving is taught in schools. Parents can explore and share ways of supporting their children's learning and take up the opportunity to work towards a qualification themselves.

***Travel Together through Books – Support Your Child:**
(6 hours over 3 sessions, or 10 hours over 4 sessions)

This course is aimed at encouraging and giving confidence to parents/carers when they listen to children read. It is also designed for volunteers and Teaching Assistants who listen to children read in school.

***Ready Steady, Go: (8 or 10 hours)** Designed to help parents support their child when starting school. Participants will understand the principles of the Early Years Foundation Stage, experience a range of activities to support children's play and put together a scrapbook of observations.

***Story Sacks: (6 to 15 hours)** Designed to enable parents to recognise the educational impact of story sacks, make a story sack and use it to support their children's early reading and writing skills.

Wider Family Learning:

***Step Ahead in ICT - Support Your Child: (21 hours)** Giving parents and

carers an introduction to ICT and its use in schools. Parents can extend their own knowledge and consider ways of supporting their children's understanding. It also includes some e-safety input.

***E Safety for Parents: (Various hours)** This course promotes an understanding of the safety issues around children's use of technology.

***Investigations in Science and Maths: (13 or 15 hours)** A course to increase parent's knowledge, understanding and skills in relation to the types of investigations that are carried out in primary classrooms.

***Beginning Biology: (8 hours)** This course is for parents/carers and grandparents who want to find out more about biological topics covered in primary classrooms, such as animal and plant life processes and sustaining the environment.

***Cooking for You and Your Family/Fun With Food: (10 hours)**

For parent/carers to work with their child/children preparing nutritionally balanced meals, whilst at the same time improving their own English and Maths skills.

Wider Family Learning:

Courses for parents/carers with children up to 2 years

***Baby & Me:** (8 or 10 hours) for 0-1 year olds.

Learn about the development of your baby and how you can support learning through play. Make a Treasure Basket for your Baby.

Baby Activity Station: (8 or 10 hours) for 0-1 year olds.

This course is aimed at helping parents understand how they can support their baby's prime areas of learning. Personal, social and emotional development, physical development and communication and language. Parents get to try different activities with their baby.

***Sounds, Noises and Words:** (8 or 10 hours) for parents/carers with 0-1 or 1-2 year olds

This course aims to promote understanding of how parents/carers can help their babies/toddlers to become successful communicators.

Courses for parents/carers with 2 to 5 year olds

***Rhythm and Rhyme** (8 or 10 hours) This course is for parents/carers with 2-5 year olds, to explore a variety of musical and creative arts-based activities which support communication, language and literacy skills.

***Paper, Paint and Play:** (8 or 10 hours)

This course is for parents/carers with 2-5 year olds, to explore a variety of creative activities and promotes understanding on how they contribute to learning and development.

***Move, Make and Play:** (8 or 10 hours)

This course is for parents/carers with 2-5 year olds, to explore a variety of physical play and mini food activities. It helps parents understand how they can support their child/children's physical development; moving and handling and health and self-care.

***Sharing Books Together: (8 or 10 hours)**

This course encourages parents/carers of pre-school children to read books with their children and develop both the parents' and child's literacy skills whilst doing so.

Personal Confidence & Assertiveness for Parents/Carers: (20 or 24 hours) over 8 sessions

The focus of this course is on developing parents'/carers' confidence when dealing with their child/teenager and it supports the development of positive communication techniques.

Developing Confidence as Parents: (15 hours) over 5 or 6 sessions

This course focuses on developing parents'/carers' confidence in their parenting role.

***Emergency First Aid at Home (Aged 19+): (3 or 6 hours)**

This course is a flexible non- accredited course that is useful for parents and carers at home who do not need the legal qualification behind them.

This will develop your confidence in learning how to deal with First Aid at home. Fees may apply for this course.

**Our courses are primarily aimed at
parents/carers with**

**fewer than 5 GCSE's grade A-C (including
English & Maths).**

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